



# WATERSIDE MEDICAL CENTRE

## SURGERY NEWSLETTER - MARCH 2024

### PRACTICE WEBSITE

Please take a look at our fantastic practice website:

[www.watersidemc.nhs.uk](http://www.watersidemc.nhs.uk)

Here you can find lots of information on our recently finished build and renovation project, as well as important health pathways and information on how to access the services you need.

You can also find information on prescriptions, our practice catchment area and a newly updated 'meet the practice team' page!



### Ovarian Cancer Awareness Month

The current survival rate for women diagnosed with ovarian cancer is distressingly low, with only three out of ten living beyond a decade post-diagnosis. This reality is unacceptable.

Given that 7,500 women in the UK receive an ovarian cancer diagnosis annually, it's imperative that we speed up progress to realise a future where all women can survive ovarian cancer.

Understanding the symptoms of ovarian cancer is pivotal for early detection. Common symptoms include:

- Persistent bloating
- Pelvic or abdominal pain
- Difficulty eating or feeling full quickly
- Changes in urinary habits
- Fatigue
- Unexplained weight loss or gain

Scan the QR code to find out more



### WATERSIDE MEDICAL CENTRE IS AN ENHANCED ACCESS HUB

Our practice is very pleased to continue offering our patients access to our 'enhanced access' hub through the Leamington North Primary Care Network. This hub offers a **mixture of telephone and face-to-face GP appointments, as well as Nurse and Clinical Pharmacist appointments** available for you to **utilise in the evenings (18:30-21:00) and at the weekend (Saturday 9:30-16:30pm)**. If you need an appointment outside of normal hours, please **ask a receptionist** who would be happy to support you with booking an **EA appointment** which suits you and your availability.

#### Leamington North PCN

4. Waterside Medical Centre,  
Court Street,  
Leamington Spa, CV31 2BB

#### Leamington South PCN

5. Croft Medical Centre,  
Calder Walk, Sydenham,  
Leamington Spa CV31 1SA

## We're here for you, for longer

NHS

Additional GP appointments are now available in your area during the evenings and at the weekends

Please speak to reception to find out more

Your NHS, here for you



The Foodbank Distribution Centre at St Margaret's Church is relocating to Heathcote Primary School (Vickers Way, CV34 7AP).

The new centre will be open between 10:30am and 12:30pm on Mondays, from Monday 15th May, with the exception of Bank Holidays.

## BANK HOLIDAYS

Waterside will be **closed** on Friday 29th March and Monday 1st April.

Please call 111 if you need medical attention whilst we are closed.

### RECENT PATIENT FEEDBACK


"This is an excellent Medical Centre. Sign up with them if you can."

### WE VALUE YOUR FEEDBACK!

The team at Waterside Medical Centre work very hard to provide a **high quality** and **responsive** service to our patients but we are always looking for ways to improve our service and listen to what our patients have to say.

There are lots of ways for patients to have their say and we would love to hear from you with any comments you may have as to how we can **improve** our service to you.

 [admin@watersidemc.nhs.uk](mailto:admin@watersidemc.nhs.uk)

 @LeamingtonGPs

 [www.facebook.com/WatersideMedicalCentre](https://www.facebook.com/WatersideMedicalCentre)

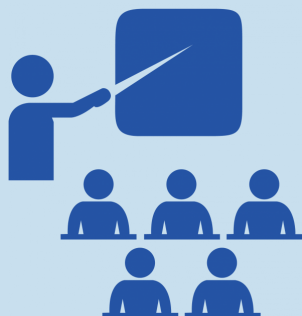
 01926 428321

**Comments cards** are available in reception and we have a patient participation group who meet regularly.

### STAFF TRAINING DATES FOR 2024

Please be aware that practices across South Warwickshire will be **closed** from **12:30pm** on the **following dates** for important staff training:

- 21st March
- 24th April
- 16th May
- 19th June
- 19th September
- 16th October
- 14th November



Out of hours information will be available on our phone system.

### USEFUL CONTACT NUMBERS

Out of Hours Service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 161 171
Warwick Hospital	01926 495321
UHCW Hospital	02476 964000
Ambulance Transport	01926 310312
District Nurses	0845 608 0275

Get the  
NHS App

