



WATERSIDE MEDICAL CENTRE

SURGERY NEWSLETTER - NOVEMBER 2023

PRACTICE WEBSITE

Please take a look at our fantastic practice website:

www.watersidemc.nhs.uk

Here you can find lots of information on our recently finished build and renovation project, as well as important health pathways and information on how to access the services you need.

You can also find information on prescriptions, our practice catchment area and a newly updated 'meet the practice team' page!



Men's Health Awareness Month

Men's health is a crisis, with shorter life expectancies and preventable issues. Globally, around 10.8 million men have prostate cancer, and testicular cancer is common among young men. Alarmingly, men account for 69% of suicides. Education, awareness, and destigmatizing mental health are crucial to address these disparities and promote healthier lifestyles and regular check-ups.



MOVEMBER

WATERSIDE MEDICAL CENTRE IS AN ENHANCED ACCESS HUB

Our practice is very pleased to continue offering our patients access to our 'enhanced access' hub through the Leamington North Primary Care Network. This hub offers a **mixture of telephone and face-to-face GP appointments, as well as Nurse and Clinical Pharmacist appointments** available for you to **utilise in the evenings (18:30-21:00) and at the weekend (Saturday 9:30-16:30pm)**. If you need an appointment outside of normal hours, please **ask a receptionist** who would be happy to support you with booking an **EA appointment which suits you and your availability**.

Leamington North PCN

4. Waterside Medical Centre,
Court Street,
Leamington Spa, CV31 2BB

Leamington South PCN

5. Croft Medical Centre,
Calder Walk, Sydenham,
Leamington Spa CV31 1SA

**We're here for you,
for longer**

NHS

Additional GP appointments are now available in your area during the evenings and at the weekends

Please speak to reception to find out more

Your NHS, here for you



MEMORY LANE CAFE

SYDNI CENTRE

REOPENING NOVEMBER 1st

Every Wednesday 1-3pm

Run by Warwick University

Support and advice for people living with mild to moderate dementia and their families

Free refreshments and activities provided

Email memorycafe@warwick.ac.uk for more information

RECENT PATIENT FEEDBACK


“Thanks to all at the surgery for all their effort all of the time.”

WE VALUE YOUR FEEDBACK!


The team at Waterside Medical Centre work very hard to provide a **high quality** and **responsive** service to our patients but we are always looking for ways to improve our service and listen to what our patients have to say.

There are lots of ways for patients to have their say and we would love to hear from you with any comments you may have as to how we can **improve** our service to you.

 admin@watersidemc.nhs.uk

 @LeamingtonGPs

 www.facebook.com/WatersideMedicalCentre

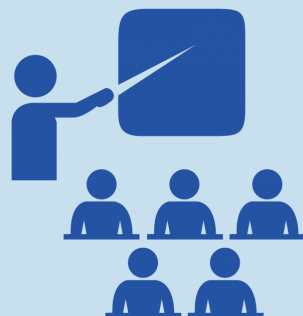
 01926 428321

Comments cards are available in reception and we have a patient participation group who meet regularly.

STAFF TRAINING DATES FOR 2023

Please be aware that practices across South Warwickshire will be **closed** from **12:30pm** on the **following dates** for important staff training:

• 22nd November



Out of hours information will be available on our phone system.

USEFUL CONTACT NUMBERS

Out of Hours Service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 161 171
Warwick Hospital	01926 495321
UHCW Hospital	02476 964000
Ambulance Transport	01926 310312
District Nurses	0845 608 0275

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