

### SURGERY NEWSLETTER - APRIL 2024

#### PRACTICE WEBSITE

Please take a look at our fantastic practice website:

#### www.watersidemc.nhs.uk

Here you can find lots of information on our recently finished build and renovation project, as well as important health pathways and information on how to access the services you need.

You can also find information on prescriptions, our practice catchment area and a newly updated 'meet the practice team' page!



# **Stress Awareness Month**

Have you ever encountered a scenario where your list of tasks appears neverending, deadlines are looming, and you catch yourself feeling stressed? Yet, what exactly is stress, and what impact does it have on us?

Head to <u>stress.org.uk</u>
to find out more or, if you're reading a
physical copy of this, scan the QR code
below.



### WATERSIDE MEDICAL CENTRE IS AN ENHANCED ACCESS HUB

Our practice is very pleased to continue offering our patients access to our 'enhanced access' hub through the Leamington North Primary Care Network. This hub offers a mixture of telephone and face-to-face GP appointments, as well as Nurse and Clinical Pharmacist appointments available for you to utilise in the evenings (18:30-21:00) and at the weekend (Saturday 9:30-16:30pm). If you need an appointment outside of normal hours, please ask a receptionist who would be happy to support you with booking an EA appointment which suits you and your availability.





The Foodbank Distribution Centre at St Margaret's Church is relocating to Heathcote Primary . The car park is for staff and School (Vickers Way, CV34 7AP).

The new centre will be open between 10:30am and 12:30pm on Mondays, from Monday 15th May, with the exception of Bank Holidays.

### REMINDERS

- disabled patients only.
- It can take up to three working days when ordering repeat medication

#### RECENT PATIENT FEEDBACK

'Very helpful receptionists. The nurses and doctors are supportive and friendly.'

## STAFF TRAINING DATES FOR 2024

Please be aware that practices across South Warwickshire will be closed from 12:30pm on the following dates for important staff training:

- 24th April
- 16th May
- 19th June
- 19th September
- 16th October
- 14th November



Out of hours information will be available on our phone system.



#### WE VALUE YOUR FEEDBACK!

The team at Waterside Medical Centre work very hard to provide a high quality and responsive service to our patients but we are always looking for ways to improve our service and listen to what our patients have to say.

There are lots of ways for patients to have their say and we would love to hear from you with any comments you may have as to how we can **improve** our service to you.



admin@watersidemc.nhs.uk



@LeamingtonGPs



www.facebook.com/WatersideMedicalCentre



01926 428321

Comments cards are available in reception and we have a patient participation group who meet regularly.

# **USEFUL CONTACT NUMBERS**

Out of Hours Service 111

NHS Direct 24/7 111

Mental Health Helpline 0800 161 171

Warwick Hospital 01926 495321

**UHCW Hospital** 02476 964000

Ambulance Transport 01926 310312

**District Nurses** 0845 608 0275